



Report on Oral Health

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Harmful Effects of Tobacco and Cigarettes and other Tobacco Product Act (COTPA) 2003

Date: 22nd March, 2022

Venue: Williamnagar Government College

Awareness Programme on Oral Health: Harmful Effects of Tobacco and Cigarettes and other Tobacco Product Act (COTPA) 2003 and Adolescent Health organized by the Tobacco Free Educational Committee and Health Committee, Williamnagar Government College in collaboration with National Tobacco Control Programme (NTCP), National Oral Health Programme (NOHP) and Adolescent Health, East Garo Hills: Williamnagar hosted on 22nd March, 2022 at 11.00AM in the College's Hall. Students and teachers are attended in the Programme.

The Programme was chaired by **Dr. Antarwell Warjri**- Assistant. Professor, Convener-Tobacco Free Educational Committee, Williamnagar Government College

Welcome Speech was delivered by the Principal, Williamnagar Government College-**Shri Rajiv K. Marak**


Dr. Jimmy Ch. Marak of Williamnagar Civil Hospital delivered a talk on the need and role of blood donation to save the life of the people. Blood is important to help patients survive surgeries, cancer treatment, chronic illnesses, and traumatic injuries.

Dr Barkarine R. Marak, DNO, NOHP, NTCP, Williamnagar delivered a talk on National Tobacco Control Programme and Harmful Effects of Tobacco and other Tobacco Products Act (COTPA) 2003. Tobacco causes cancer, heart disease, stroke, lung diseases, diabetes and chronic obstructive pulmonary disease etc. Smoking increase risk for tuberculosis, certain eye diseases and the problems of the immune system.


Dr. Grisin A. Sangma, Dental Surgeon of Rongjeng CHC delivered a talk on the National Oral Health Programme with special Health of the Youths and Smt. Bitdhu Sangma- Adolescent Counselor of Williamnagar, a talk on the need and important of Health of adolescents.

Vote of Thank was delivered by Sir **Bilnang K. Sangma**, Assist. Professor -Convener Health Committee: Williamnagar Government College.

The Programme was closed by the Chairman- **Dr. Antarwell Warjri**.


Dr. Antarwell Warjri
Convener

Tobacco Free Educational Committee
Williamnagar Government College


Principal
Williamnagar Govt. College
East Garo Hills, Meghalaya.